



## Structure

**Introduction:** Generally introduce the topic and present your personal opinion (main point of the essay) in the last sentence of the paragraph

*Many people think...*  
*In my opinion...*  
*According to experts...*

**Main body:** Support your opinion with a justification and examples. Elaborate on only one aspect of your argument in each paragraph

*First of all...*  
*For example/instance...*  
*Secondly/Furthermore/*  
*Moreover/What is more...*  
*One advantage is...*  
*Another negative aspect is...*  
*On the other hand...*  
*Because of/For this reason/*  
*As a result...*

You can present an opposing argument in the second to last paragraph

*However/Although/In spite of...*  
*Some people believe/think/argue...*

Science and technology have changed our world in many ways. We use technology every day at work, at school, and even in our free time. **In my opinion, technology has a mostly positive influence on our society, even though it also brings some risks.**

**First of all**, technology has completely changed how we communicate. Thanks to the Internet and smartphones, people can stay in touch with friends and family anywhere in the world. Video calls and instant messages make communication faster and easier. According to experts, the development of digital tools has made global cooperation possible even across long distances.

**Secondly**, modern technology has improved the consumer society by making services faster and more accessible. Online shopping allows people to buy what they need without leaving home, which saves both time and energy. Small businesses can also reach more customers through the Internet, which helps the economy grow. As a result, technology supports comfort and convenience in our daily lives.

**On the other hand**, some people believe that technology makes life more stressful and less personal. They argue that people spend too much time online and forget about real communication. Although this can be true for some, I believe that when technology is used responsibly, its advantages are much greater than its disadvantages.

**To sum up**, science and technology influence every part of our lives. If they are used wisely, they can make our society safer, healthier, and more connected.

**Conclusion:** Generally summarise your opinion and rephrase the main point of the essay.

*All in all...*  
*To sum up...*  
*In conclusion...*  
*Finally...*

## Requirements

Use formal language and long verb forms

Science and technology have changed our world in many ways. We use technology every day at work, at school, and even in our free time. In my opinion, technology has a mostly positive influence on our society, even though it also brings some risks.

Use the passive

Example: *it is said, children are taught*

First of all, technology has completely changed how we communicate. Thanks to the Internet and smartphones, people can stay in touch with friends and family anywhere in the world. Video calls and instant messages make communication faster and easier. According to experts, the development of digital tools has made global cooperation possible even across long distances.

State the evidence, reasons, and examples to support your opinions

Secondly, modern technology has improved the consumer society by making services faster and more accessible. Online shopping allows people to buy what they need without leaving home, which saves both time and energy. Small businesses can also reach more customers through the Internet, which helps the economy grow. As a result, technology supports comfort and convenience in our daily lives.

Reference other resources and people

Example: *many people believe, experts think, As Obama said...*

On the other hand, some people believe that technology makes life more stressful and less personal. They argue that people spend too much time online and forget about real communication. Although this can be true for some, I believe that when technology is used responsibly, its advantages are much greater than its disadvantages.

Use connectors

Example: *however, despite, moreover, but...*

To sum up, science and technology influence every part of our lives. If they are used wisely, they can make our society safer, healthier, and more connected.